



DAWN SCHOOL & COLLEGE SYSTEM

Weekly Syllabus for Class: 7th Subject: Science

Month	1 st Week	2 nd Week	3 rd Week	4 th Week
March 2026	Unit #1: Plant Systems Activity: Reading Page # 02 to 07	Unit #1: Plant Systems Activity: Reading Page # 08 to 16	Unit #1: Plant Systems Activity: Exercise Eid-ul-Fitar 19-21 March	Unit #2: Human Respiratory and Circulatory Systems Activity: Reading + NB checking Page # 19 to 26
April 2026	Unit # (2): Human Respiratory and Circulatory Systems Activity: Reading + Exercise Page # 27 to 31	Unit # (3): Immunity and Diseases Activity: Reading + NB Checking Page # 36 to 45	Unit # (3): Immunity and Diseases Activity: Reading + NB Checking Page # 46 to 54	Unit # (3): Immunity and Diseases Activity: Exercise + 1st Monthly Test 27-30 April
May 2026	Unit # (4): Structure of an Atom Activity: Reading + NB Checking Page # 57 to 63 NB Checking: Unit (3)	Unit # (4): Structure of an Atom Activity + Exercise + Notebook Checking	Unit # (5): Physical and Chemical Changes Activity: Reading + NB Checking Page # 64 to 71 NB Checking: Unit (4) 2nd Monthly Test 20-23 May	Unit # (5): Physical and Chemical Changes Activity: Reading + NB Checking Page # 72 to 75 NB Checking: Unit (4) Eid-ul-Adha 26-28 May
June 2026	Unit # (5): Physical and Chemical Changes Activity: Exercise + NB Checking NB Checking: Unit (5)	Exam Preparation	Mid-Year Exam 18-30 June	Mid-Year Exam 18-30 June
July 2026	Unit # (6): Chemical Bonds Activity: Reading Page # 78 to 81	Summer Break 10-15 July	Unit # (6): Chemical Bonds Activity: Reading Page # 82 to 86	Unit # (6): Chemical Bonds Activity: Exercise + NB Checking NB Checking: Unit (6)

Month	1 st Week	2 nd Week	3 rd Week	4 th Week
August 2026	Unit # (7): Solutions Activity: Reading Page # 90 to 95	Unit # (7): Solutions Activity: Exercise + NB checking NB checking + Unit (7)	Unit # (8): Force and Motion Activity: Reading + NB checking Page # 99 to 102 NB checking + Unit (7)	Unit # (8): Force and Motion Activity: Reading Page # 103 to 106
September 2026	Unit # (8): Force and Motion Activity: Exercise + NB checking NB checking # (8)	Unit # (9): Wave and Energy Activity: Reading + NB checking Page # 110 to 114 NB checking # Unit (8)	Unit # (9): Wave and Energy Activity: Reading Page # 115 to 119	Unit # (9): Wave and Energy Activity: Exercise + 3rd Monthly Test 20-23 Sept.
October 2026	Unit # (10): Heat and Temperature Activity: Reading + NB checking Page # 125 to 131 NB checking: Unit (9)	Unit # (10): Heat and Temperature Activity: Reading Page # 132 to 140	Unit # (10): Heat and Temperature Activity: Exercise + NB checking NB Checking # Unit (10)	Revision + 4th Monthly Test 26-29 Oct.
November 2026	Unit # (11): Technology in everyday life Activity: Reading + NB checking Page # 143 to 147 NB checking # Unit (10)	Unit # (11): Technology in everyday life Activity: Exercise + NB checking NB checking # Unit (11)	Unit # (12): Earth and Space Activity: Reading + NB checking Page # 150 to 157 NB checking # Unit (11)	Unit # 12: Earth and Space Activity: Exercise + Notebook Checking Notebook checking + Unit # 12
December 2026	Exam Preparation	Exam Preparation	Final Term Exam 18-30 Dec.	Final Term Exam 18-30 Dec.